PEACE ON EARTH... GOODWILL TO MEN

Throughout the distant reaches of the Christian world, worshipers rejoice in the glorious rebirth of hope and faith as the celebration of the Birth of Our Savior begins. In Appomattox, the town that brought peace to a troubled America, may this spiritual communion, inspired by the true meaning of Christmas, prevail everlastingly and guide us to peace through sharing love, compassion and understanding with our fellow man.

BEN FRANKLIN

Triangle Plaza Shopping Center
Appomattox, Va.

Eating Well

DON'T POISON YOUR HOLIDAY GUEST

Nothing dispels the cheer of a holiday like a sudden upset stomach brought on by contaminated food.

Preventing food poisoning should start when you buy food at the supermarket and continue as you store, cook, and serve the food. The job of preventing food poisoning isn't hard if you follow three simple rules: keep food clean, keep food hot, keep food cold.

Keep food clean. You can keep germs off meat, poultry and dairy products by washing your hands thoroughly before handling the food and by using utensils instead of hands whenever possible. Do not handle food when you have open cuts and sores, because the germs from the cuts may get into the food. If you cut raw meat on a cutting board, make sure that you clean it thoroughly before using the board again. Don't cut uncooked meats and then use the same knife to cut other foods; germs can spread from one food to another.

Keep food hot. We know that most germs that cause food poisoning are killed when boiled, broiled, or roasted. Once food is cooked, keep it hot until it is served. If you want to cook foods and then keep them for later use, don't allow them to stand around, but refrigerate them immediately. Remember that food left at room temperature for more than two hours allows germs to grow, and that these seldom change the taste, odor or looks of food.

In order to prevent contamination when preparing poultry products, stuff the bird just before cooking rather than a day or two ahead. When storing leftovers, remove the stuffing and place it in a separate dish; then remove the meat from the bone immediately and place both in the refrigerator.

Both broth and gravy are especially subject to spoilage. Do not leave leftovers on the stove to cool; be sure to cool leftovers quickly by putting them into the refrigerator. When you want to serve them again, reheat and boil for several minutes before serving.

Cream pies are often involved in food poisoning. Since cream pies and cream-filled pastries get soggy when refrigerated too long, it is a temptation to leave them at room temperature. Don't, because it encourages bacteria to grow. Be sure to fill the pastries as close to serving time as possible.

Keep foods cold. Germs can't multiply fast if the storage temperature is 40 degrees F. or below. Therefore, when you go to the grocery store always pick up meat, poultry and dairy products last and then get them home and into your refrigerator or freezer quickly. If these foods get warm you may have problems from both food poisoning and spoilage, so make the grocery store the last stop before going home, and never leave the groceries in a hot car.

There are several ways to thaw frozen foods. The best way is to put the wrapped food in the refrigerator and allow it to thaw completely. However, this takes time; so if you are in a hurry, put the food in a watertight package and run cool water over it.

Very often the odor of a food or appearance may indicate that something is wrong; however, most of the time it is difficult to know when food has "gone bad." There are two good rules to follow when working with foods: never taste any food that doesn't seem right and if in doubt, throw it out.

Hollywood

God gave a priceless gift to the world that first Christmas in person of His own son! May His love enrich our hearts at this Holy time. The message of Christmas never grows old, for it is a beautiful story of God's son, our Savior. At this Christmas season may our hearts overflow with the feeling of wonder and hope that His coming brought.

Everyone enjoyed the Christmas program entitled "The Light of the World" Sunday evening at Hollywood. The social hour afterwards was enjoyed by all also. We appreciate so much the wonderful way the program and social committees and the youth of our church handled everything.

We were sorry to hear of the illness of Mr. Robert Coleman. He was a patient in the Lynchburg General Hospital several days last week. We are so glad he is at home. We pray he may have a very speedy recovery.

Mrs. Russell Lee Harris of Chestnut Grove, is a patient in the Virginia Baptist Hospital. We sincerely hope and pray she may soon recover.

Among others visiting Miss Odell Webb in the University Hospital at Charlottesville last week were Rev. and Mrs. David Menser, Mr. and Mrs. Lawrence Woodson, Mrs. Monroe Webb, Mrs. Willie Craft, Mr. Jim Webb, Mr. and Mrs. L. L. Webb and Miss Joyce Webb. Our prayers are with her and her love ones.

We are so glad to hear Mr. and Mrs. Kenneth Goin's little boy has returned home from the hospital. We pray he may soon be well again.

Mrs. James Carson and Mrs. Loveline Scruggs went to Lynchburg last week to see Mrs. Mildred Pickeral who had returned home from the hospital. We are very sorry to hear of her illness and pray she may feel better soon.

Mr. and Mrs. L. L. Webb, Miss Joyce Webb, Mr. and Mrs. Richard Webb were among a lot of other relatives and friends attending the 40 wedding anniversary of Mr. and Mrs. Kemper Beasley of Buckingham Sunday afternoon.

Mr. and Mrs. L. H. Watson, Jr. and family, of Alexandra were supper guest of Mr. Watson's parents, Mr. and Mrs. L. H. Watson, Sr. Saturday evening.

Mrs. W. T. Covington spent the week end with her sister, Mrs. J. L. Torrence. Mrs. Annie Torrence Elliott and Mrs. Polly Torrence Ayers visited in this home Saturday. Mr. and Mrs. Raymond Franklin called on Mrs. Torrence and Mrs. Covington Sunday afternoon.

Mr. and Mrs. Kenneth Deaner and Miss Dawn Deaver spent Sunday in Roanoke with Mr. and Mrs. Kenneth Wingfield and family.

Mr. and Mrs. Bill Watson gave their son, William, a birthday party Saturday afternoon at their home in Appomattox. William was 6 years old Saturday.

Mr. and Mrs. Curtis Jennings and family, of Lynchburg, and Mr. and Mrs. Donald Webb and family were dinner guests Sunday of Mr. and Mrs. J. C. Jennings and family.

Mr. and Mrs. Don Easley and family, of Woodbridge, visited Mrs. Easley's mother, Mrs. Mae Slough and family during the week end. They called in the home of Mr. H. W. Jenkins Sunday.

Mr. Bobby Dill, of Bedford, spent Friday night and Saturday with Mr. and Mrs. W. H. Wingfield and family. Mr. Garry Wingfield and a friend, of Roanoke, were guest Saturday in this home.

Mr. and Mrs. Charles Hanenkrat and Mrs. Joe Baldwin, of Richmond, spent Sunday with their sister, Mrs. M. L. Covington.

Mr. Andy Davis spent Sunday with his mother, Mrs. Phyliss Davis, of Scottsville, Mrs. Andy Davis and daughter, Robin, visited Mrs. Mary Bagby Sunday afternoon.

Mr. and Mrs. Roger Garlick and family, of Colorado, are visiting Mrs. Garlick's parents, Mr. and Mrs. Billy Inge and other relatives. Mr. and Mrs. Sammie Inge, of Lynchburg spent Saturday in this home. Mr. and Mrs. Garlick and the Sammie Inges called in the home of Mrs. Mary Bagby Saturday morning.

Mr. and Mrs. Raymond Franklin and family visited Mr. and Mrs. Sam Carwile Sunday.

Visiting Mr. and Mrs. Robert Coleman during the week and Sunday were Rev. Marvin Jacobs, of Roanoke, Rev. Carlton Smith and son, Bryan, of Roanoke, Mr. and Mrs. John Tweedy, Mr. and Mrs. Joe Goin, Mr. and Mrs. George Totty, of Wilson, N.C. Mrs. Eva Hayden, of Richmond, Mr. Bobby Smith, Miss Teresa Cyrus, Mr. Steve Cyrus, Mr. and Mrs. Elliott Torrence, Mrs. James Conner and Mr. and Mrs. Calvin Smith and family. Craig Smith stayed with his aunt, Mrs. Coleman while Mr. Coleman was in the hospital.

Mrs. Emma Lemon, Mrs. Robert Ayers, Bonnie and Connie Ayers, Mrs. Paul Franklin and Eugene, Mrs. Kenneth Deaner and daughter, Dawn visited Mrs. Mary Bagby Saturday afternoon. Mrs. Shirley Franklin, Mrs. Lovelene Scruggs, Mrs. Shirley Carson, Mr. L. L. Webb, Mr. R. G. Austin, Mr. John Goin, Mr. Alfred Almond and Mrs. Joe Goin called in this home during the week.

Mr. and Mrs. Grover Beasley, Jr. had as their guest Sunday Mr. and Mrs. Benjamin Beasley and family, of Wytheville and Mrs. Virgie Beasley. Their son, Tye Beasley, is home for the holidays.

May the Prince of Peace, our Lord Jesus Christ, bless your homes with peace and love during this Christmas season throughout the New Year ahead is my wish for the staff of the Times-Virginian and all its readers.

Winterization Assistance

The Central Virginia Commission on Aging is seeking the elderly and or the handicapped on fixed incomes through-out the areas of Amherst and Appomattox, who are in need of winterization services in their homes.

The program provides the labor and materials at no charge to the client, but donations are accepted to offset the cost of supplies, if at all possible. Prevention of the infiltration of cold weather by insulating walls and ceilings, adding storm windows, weather stripping and making minor repairs to roofs and heating systems, are provided by the winterization program.

Eligibility is determined by the federal poverty levels which at this time for a single adult is $3,240 and $4,450 for a couple. If you think that you or someone you know is eligible contact our office or be referred by a fuel supplier, local organization, or social services offices. We will make contact to determine eligibility and explain our program and purpose. If eligible we will then schedule the client for winterization services. This is done as quickly as possible. We are federally funded and locally matched. All donations are welcome and will further our efforts to ensure all eligible clients are served.

The Central Virginia Commission on Aging is anxious to serve the elderly and the handicapped.

Gail B. Conner
Central Virginia Commission on Aging

MRS. WALTON'S 4-H CLUB

Last week during our fourth 4-H meeting, we played games and then our secretary read the minutes.

After our program, "Christmas Creative Crafts," we drew names and received prizes. Our vice president presided during the rest of the meeting.

Reporter, Rosetta Lewis

LEDGER BOOKS & LEDGER SHEETS, Any Size - You can find all your bookkeeping supplies at The Times-Virginian - Phone 352-8215. 10-26-tf

Insurance Office Relocates

Kenneth Franklin, National Insurance, is shown with Mrs. Gay Cole, Office Manager and Licensed Agent, as they get settled in their new office located at 102 Court Street just across from the J. E. Sears Company, Inc.

NOTICE

Evans Barber Shop will be closed on December 25 and December 26; it will reopen for business as usual on December 27th.

R. Q. Lawing, Jr.

LOCAL TEACHER ATTENDED CONVENTION

R. Q. Lawing, Jr., teacher of Agricultural Education Buckingham Jr. High School attended the 30th Annual National Vocational Agriculture Teachers' Association Convention. The 30th Annual Convention held in Dallas, Texas, December 2-6 in conjunction with that of the American Vocational Association.

Lawing was among the estimated 8,000 vocational educators attending more than 600 AVA sectional departmental meetings and general sessions, participating in 100 meals functions.

Lawing was recognized for his accomplishments as a Regional Winner in the Sound Off for Agriculture awards program. He received a plaque during the Sound Off for Agriculture Recognition Banquet on Friday evening.

LEDGER SHEETS AND ALMOST EVERYTHING ELSE YOU WILL NEED FOR YOUR OFFICE
PHONE 352-8215

Double Payoff!! Want Ads Pay Both User And Reader

Hi! Merry Christmas

Have the cheeriest holiday ever. Best wishes and thanks to all of our neighbors. We value your patronage.
Sears Catalog Store
JANICE AND CALVIN SMITH
Triangle Plaza Shopping Center Appomattox, Va.
Please Don't Forget We'll Be Closed From Dec. 25 until Jan. 2

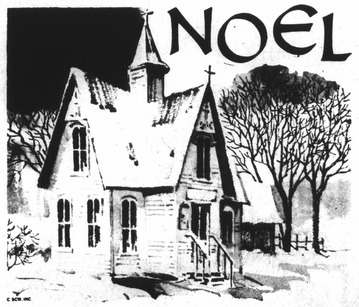
Greetings to all Here's wishing you lots of joy and laughter to remember all year.
Henry and Sandra Medintosh

It's a great feeling having friends as wonderful as you! At Christmas, and always, you're wished all the good things you so richly deserve.
Wade's Texaco Service Station
HIGHWAY 460 EVERGREEN, VA.

Christmas
Fill this season with laughter, good will and song. Warm thanks from us, to all.
WESTERN AUTO
MIKE GEORGE, OWNER & OPERATOR
APPOMATTOX, VA.

Falling River Realty Co., Inc.
appomattox, virginia

real estate
insurance
DAN W. HERNCALL — BROKER



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We're wishing you just the nicest kind of Christmas. May it be filled with laughter and good cheer. And may the good feeling continue throughout the year.
Dan Herncall Nancy Nance
Jim Nolen Bo House Walter Orbitt Jr.
p.o. box 938 triangle plaza (804) 352-7195

Holiday Greetings
May you and your loved ones be happy and safe during this Christmas Season and the coming New Year.

James H. Ford, Jr.
Appomattox, Va.
Phone 352-7919
Phone Night 352-5517
Like A Good Neighbor, State Farm Is There.
State Farm Insurance Companies Home Offices: Bloomington, Illinois

a very merry Christmas
May happiness always dwell with you. From our house to your house . . . thanks.
WHITES AUTO STORE
Triangle Shopping Center- Appomattox, Va.

Joy to the World
With warmth in our hearts, we sing our wishes to all for a very Happy Holiday Season.
NATIONWIDE INSURANCE
Kenneth E. Franklin
102 N. Court St. Appomattox, Va.